

Junior and Senior Health Community Service Requirement

Community service is donated service or activity that is performed by someone or a group of people for the benefit of the public, your community or your school.

Community service, also known as youth service, is intended to strengthen young people's senses of civic engagement and community, and to help them achieve their educational, developmental and social goals.

In addition to the course content, juniors and seniors are required to complete at least 7 hours of community service or volunteer hours to a community organization.

Students may complete their community service at any time during their junior and senior year or during the summer after sophomore or junior year. Each experience must be pre-approved by a Health Educator and all paperwork associated with the requirement must be completed and handed in to the Health Office within 2 weeks after the service activity has been performed.

The Specifics

Community/Youth Service is required to pass Health 11 and Health 12 with a minimum of 7 hours of service. This service may take place at any time during the student's junior and senior year. If a student volunteers his/her time for another club or activity requirement, those hours will not count towards the Health 7 hour minimum. However, if a student volunteers additional hours, over and above the club's requirement, those additional hours can be counted towards the Health 7 hour requirement.

Students who are completing their sophomore and or junior year may obtain pre-approval for summer community service hours to apply to their upcoming junior/senior health requirement. Students must obtain pre-approval from either Health teacher and they must use the pre-approval form. This form can be obtained outside Room 108 (on the bulletin board) or on line at <http://blogs.rsd13ct.org/mrbajoros>.

A few notes about what does and does not count for the health community service requirement:

- Your 7 hours of community service must benefit an organization in your community. It cannot be performed for an individual or business.
- The activity cannot be for fund raising for your direct benefit. Example: volunteering at a car wash to raise money for your trip with another club does not count. Fundraising for charity benefit may be approved.
- The activity cannot count for multiple club requirements. Example: If you work 4 hours at the corn maze for French Honor Society, you may not count those same 4 hours towards your

Health community service requirement. However, if you were to work an additional shift of 4 hours, you could put that 4 hours towards the Health requirement.

- Volunteering at the Durham Fair may count. You need pre-approval from a Health teacher.

ACTIVITIES THAT DO NOT COUNT TOWARDS CRHS HEALTH COMMUNITY SERVICE REQUIREMENT

- Eagle Scout hours do not count.
- Community service hours performed for church confirmation do not count.
- Fundraising for direct personal gain does not count.
- Court mandated community service does not count.